



# How to Build a Basic Makeup Kit

## Makeup essentials:

- ❑ Simple and plain moisturizer.
  - ❑ (Makeup only looks as good as the base it sits on)
- ❑ Foundation in your matching shade
  - ❑ If you have trouble finding a shade, drugstores like Shoppers Drug Mart have a beauty section where a sales associate can help. In class we can discuss the differences between liquid, powder and cake style and the pros and cons of each, as well as how to choose based on skin type and undertone.
  - ❑ Older dancers may want to choose a concealer if they have acne they wish to cover.
- ❑ Blush
  - ❑ a natural tone in a rosy pink or mauve usually matches most skin tones.
  - ❑ (Optional) Matte bronzer if you are interested in basic (natural, not extreme) contouring techniques
- ❑ Eyeshadow palette
  - ❑ Natural/nude shades, mostly mattes is helpful for stage.
- ❑ Waterproof eyeliner
  - ❑ Black (is preferred) or dark brown.
    - ❑ Formula is dependent, liquid is harder to learn to use but lasts longest.
- ❑ Waterproof mascara
  - ❑ Black is preferred
- ❑ Eyelashes and lash adhesive for stage use
- ❑ Chapstick
- ❑ Studio colour lipstick
  - ❑ Revlon Cherry Blossom
- ❑ Makeup wipes in case of mistakes
- ❑ Q tips/cotton buds to fix mistakes or use for lipstick or makeup application

## Tools: (proper tools always make the job easier)

- ❑ Foundation sponge, triangle or brush
  - ❑ Triangles are super cheap and easy to use
- ❑ Blush brush
- ❑ Fluffy powder brush
- ❑ Small eyeshadow crease brush
- ❑ Fluffy eyeshadow blending brush
- ❑ Small angled brush for eyebrows or eyeliner

## Nice to have additions:

- ❑ Makeup primer
- ❑ Eyeshadow primer
- ❑ Setting powder
- ❑ Setting spray
- ❑ Highlight powder
- ❑ Lipstick brush
- ❑ Dedicated eyebrow brush

This seems like a lot, but it's a really basic kit for stage use, and can be used for everyday as well for older girls or as the dancers grow into teen years.

Affordable and good quality drugstore brands for infrequent use (ie; eye shadow palettes for younger girls) include Wet N Wild, ELF, Rimmel and NYX. Same for blushes and bronzer. L'Oreal also makes some excellent mascaras and foundations.

Basics of makeup application.

- ❑ How to choose foundations
- ❑ What is your undertone
- ❑ What is a good choice for your skin type
- ❑ How to use colour correcting to cover acne and other skin imperfections.
- ❑ Where to apply bronzer, blush & highlight
- ❑ Eyeshadow application
- ❑ Eyeliner & eyebrow products
- ❑ How to bring the look together,
  - ❑ Difference between an everyday makeup look and stage makeup
  - ❑ How lighting on stage changes how you apply makeup.

## Basic Hair Essentials:

- ❑ Hair brush
- ❑ Fine tooth comb with tail
- ❑ Hair elastics in your hair colour
- ❑ Bobby pins
- ❑ Hair pins for buns
- ❑ Bun nets
- ❑ Hair spray
- ❑ Tooth brush

### Optional:

- ❑ Curly hairpiece
- ❑ Gel
- ❑ Water spray bottle
- ❑ Sponge rollers
- ❑ Hot rollers
- ❑ Flat/curling iron